



## THE INSTITUTE

A Medical Day Spa™

### MARINA PLASTIC SURGERY

4644 Lincoln Blvd

Suite 552

Marina del Rey, CA 90292

**310.827.2653**

[MarinaPlasticSurgery.com](http://MarinaPlasticSurgery.com)

## THE INSTITUTE

A Medical Day Spa™

*...Where Magic Happens*





## *Welcome*

Dr. Grant Stevens and Dr. Luis Macias  
Welcome You To Experience  
The Finest Skin Care Available Today

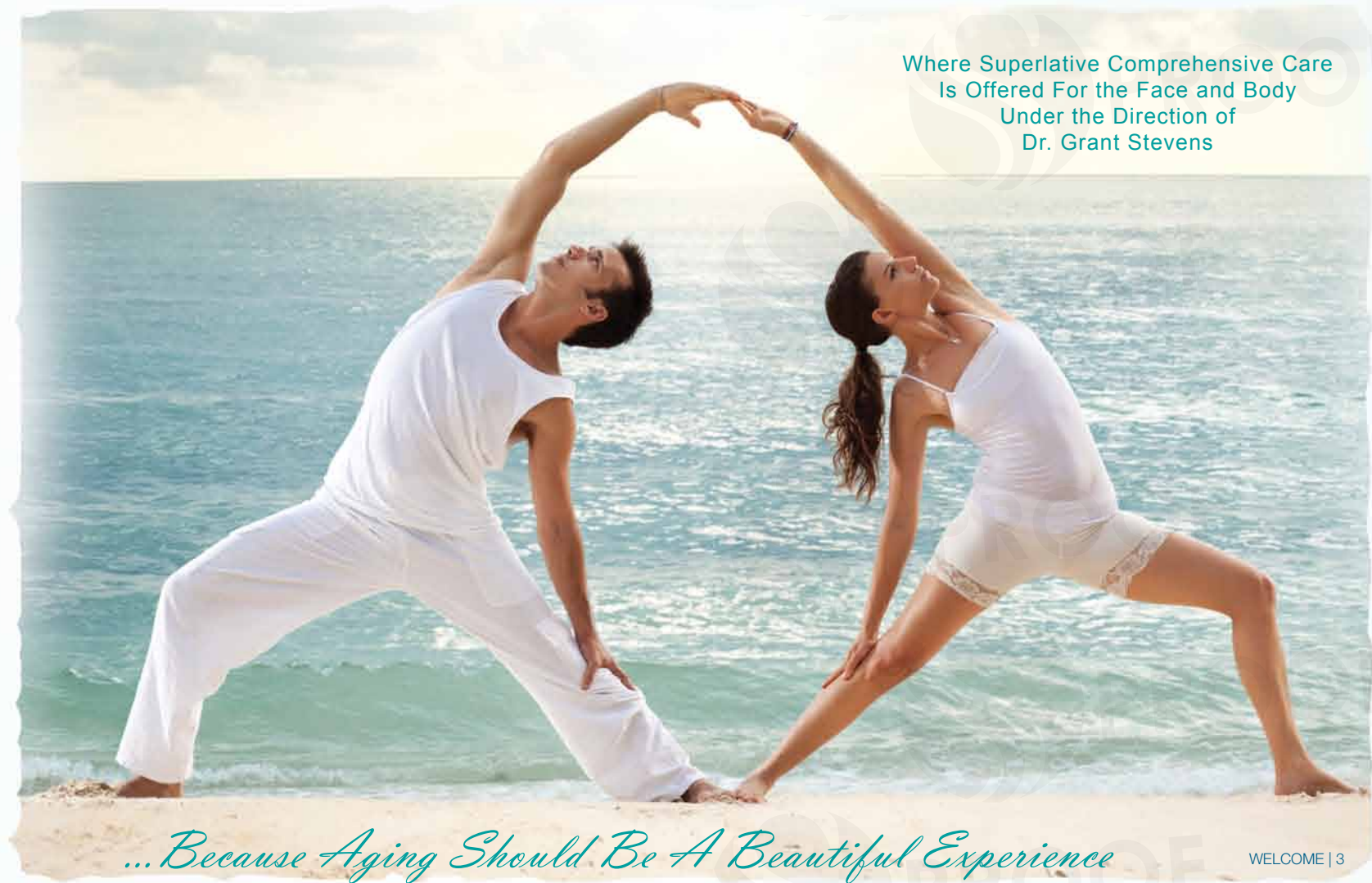
We Invite You to Enjoy  
A Sanctuary of Health and Wellness  
Blending Beauty With Advanced Medical Technology  
To Deliver The Highest Quality of Care and Aesthetic Results

Allow Our Licensed Certified Physician Extenders  
and Master Medical Aestheticians  
To Enhance Your Mind, Body and Spirit  
And Celebrate Beauty In a Privileged Place for Men and Women



*We Specialize In "The Technology Of Beauty"™*

Where Superlative Comprehensive Care  
Is Offered For the Face and Body  
Under the Direction of  
Dr. Grant Stevens



*...Because Aging Should Be A Beautiful Experience*

**Custom Signature Facial For Face Or Back**

*Our Custom Facial will exfoliate, deep cleanse, hydrate, soothe and protect. By using enzymes, AHA's and technologically advanced tools, we force the skin into generating new collagen at deeper levels. We use clinical strength products to help each client achieve the healthy, youthful skin they are looking for. We will make product recommendations based on the client's concerns, so results are quicker and longer lasting.*

|                             |              |
|-----------------------------|--------------|
| <b>Individual Treatment</b> | <b>\$150</b> |
| <b>Prepaid Series of 3</b>  | <b>\$375</b> |
| <b>Prepaid Series of 6</b>  | <b>\$600</b> |

**HydraFacial MD™**

*The HydraFacial MD™ resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extraction, and hydration; all while Vortex–Fusion adds antioxidants, peptides, and hyaluronic acid deep into the skin. HydraFacial MD™ is a non-invasive procedure that delivers instant results with no discomfort nor downtime. Great for the face, neck, and/or body, this procedure is soothing, hydrating and immediately effective.*

*The best part – it's not just a quick-fix-it procedure. The HydraFacial MD™ improves the quality of your skin, actually helping to make it healthy*

|                               |              |
|-------------------------------|--------------|
| <b>Individual Treatment</b>   | <b>\$200</b> |
| <b>Prepaid Series of 3</b>    | <b>\$525</b> |
| <b>Prepaid Series of 6</b>    | <b>\$900</b> |
| <b>CTGF Infusion (Add On)</b> | <b>\$50</b>  |

A 24 hour cancellation notice is required.

**Dermaplaning**

*Technique of "manual exfoliation" to level the skin and remove the outer most layers of dead skin cells. It is one of the most effective facial exfoliating treatments available.*

**\$100**

**SilkPeel Diamond Microdermabrasion**

*A non-invasive skin rejuvenation procedure offering advanced exfoliation and the delivery of condition-specific topicals. Operating on a closed-loop vacuum system, the Silk Peel's diamond treatment head exfoliates the skin while simultaneously delivering a topical dermaceutical at a controlled intensity. The Silk Peel stimulates new cell growth and addresses your specific skin condition, giving your skin the revitalization you want.*

|                             |              |
|-----------------------------|--------------|
| <b>Individual Treatment</b> | <b>\$200</b> |
| <b>Prepaid Series of 3</b>  | <b>\$525</b> |
| <b>Prepaid Series of 6</b>  | <b>\$900</b> |

**Advanced Microdermabrasion**

*Experience a medical-grade Microdermabrasion treatment unlike any other. The Advanced Microderm System diminishes fine lines, combats hyperpigmentation, and dramatically improves the texture. We use the Diamond-Tip in conjunction with all-natural sodium bicarbonate (baking soda) crystals, which will gently but effectively slough off dead skin to reveal a smooth and luminous complexion.*

|                             |              |
|-----------------------------|--------------|
| <b>Individual Treatment</b> | <b>\$200</b> |
| <b>Prepaid Series of 3</b>  | <b>\$525</b> |
| <b>Prepaid Series of 6</b>  | <b>\$900</b> |



**Sensi Peel by PCA**

A great place to start if new to peeling! This peel is formulated as a unique peeling option for all skin types (including sensitive, redness prone skin and even Rosacea). This multi-faceted and skin brightening treatment uses a gentle 6% TCA solution blend, which improves surface texture and brightens the skin while helping to promote an even skin tone.

|                      |       |
|----------------------|-------|
| Individual Treatment | \$200 |
| Prepaid Series of 3  | \$525 |
| Prepaid Series of 6  | \$900 |

**Micro Pen**

A new innovation in aesthetic medicine for treatment of fine lines, acne scars and over all improvement of the skin's texture, tone and color. It also has a positive effect on hyperpigmentation, acne scars and stretch marks. During the procedure, tiny needles are used to stimulate collagen and elastin. MicroPen also creates channels which allow serums, creams and topical gels to be absorbed more effectively, which enhance their effects in the deeper layers of the skin.

|                        |        |
|------------------------|--------|
| Individual Treatment   | \$250  |
| Prepaid Series of 6    | \$1200 |
| CTGF Infusion (Add On) | \$50   |



**Fire and Ice Polish**

This luxurious clinical treatment system combines two professional masques. The Intensive Resurfacing Masque is a potent therapeutic masque designed to rapidly and safely exfoliate the skin, reducing fine lines and wrinkles. Followed by the Rejuvenating Masque, softening and intensely hydrating the skin. This incredible treatment revitalizes the skin and awakens the senses..

|                      |       |
|----------------------|-------|
| Individual Treatment | \$250 |
| Prepaid Series of 3  | \$675 |





### Vitalize Peel - Skin Medica

*The Vitalize Peel is appropriate for mild to moderate skin conditions; such as acne, acne scarring, melasma, and sun damage. Creates mild to moderate peeling for two to three days. Series of 3 to 6 treatments are recommended three to four weeks apart.*

|                      |        |
|----------------------|--------|
| Individual Treatment | \$250  |
| Prepaid Series of 3  | \$675  |
| Prepaid Series of 6  | \$1200 |

### Rejuvenize Peel - Skin Medica

*The Rejuvenize Peel is indicated for moderate to severe skin conditions such as acne, acne scarring, melasma, and sun damage. This peel creates a moderate amount of peeling for two to five days. Series of 3 to 6 treatments are recommended, four to six weeks apart.*

|                      |        |
|----------------------|--------|
| Individual Treatment | \$350  |
| Prepaid Series of 3  | \$975  |
| Prepaid Series of 6  | \$1800 |

A 24 hour cancellation notice is required.

### Pigment Eraser Peel

*This PCA peel blend combines AHA with Kojic Acid with Hydroquinone and a modified Jessner's solution to address uneven skin tone from sun damage and hormonal changes. Our pigment peel will address even the most complex skin concerns while softening the appearance of surface lines around the eyes and nasolabial folds, help promote a clear complexion, smooth skin texture and even skin tone. It is especially beneficial for oily skin.*

|                      |        |
|----------------------|--------|
| Individual Treatment | \$400  |
| Prepaid Series of 3  | \$1125 |
| Prepaid Series of 6  | \$2100 |

### The Marina Experience Peel

*This peel is devised for the reversal of the most typical signs of aging- fine lines and wrinkles, sun damage and age spots. The most suitable candidates for this more active TCA treatment, are those with resilient skin who suffer from dramatic wrinkling, sun damage or even acne scarring. The 20% TCA formulation will produce an overall skin improvement in tone and texture, coupled with plump luminous skin.*

|                      |        |
|----------------------|--------|
| Individual Treatment | \$450  |
| Prepaid Series of 3  | \$1275 |
| Prepaid Series of 6  | \$2400 |







### Melanage Peel

A deeper peel designed to improve the overall appearance and texture of discolored skin. Can be used on any skin type. Creates moderate peeling for five to seven days. At home products are included to optimize client results.

\$925

### Visia Complexion analysis

This personalized complexion profile offers an in-depth analysis of your individual facial characteristics. Visia provides an informative comparison of your skin's characteristics to those of others with the same skin type and age, thereby enabling your medical professional to present the ideal treatments, customized just for you.

\$75

### Waxing

Waxing eliminates unwanted hair. We offer the finest waxes available from around the world for even the most sensitive skin.

|                  |      |
|------------------|------|
| Eyebrows         | \$30 |
| Full Face        | \$60 |
| Upper Lip        | \$20 |
| Upper Lip & Brow | \$40 |

### Permanent Makeup

Also known as Micropigmentation, this procedure carefully implants natural pigments into the dermal layer of the skin. This state of the art technique is medically proven and specifically designed to be completely safe. Used for a variety of cosmetic enhancements such as permanent eyebrows, eyeliner and lip liner/color. Also effective for camouflaging scars.

|   |       |
|---|-------|
| Eyebrow Hairstreak Method (includes 1st touch-up) | \$800 |
| Upper Eyeliner (includes 1st touch-up)            | \$500 |
| Lower Eyeliner (includes 1st touch-up)            | \$500 |
| Eyeliner Upper & Lower (includes 1st touch-up)    | \$800 |
| Lips, Full (includes 1st touch-up)                | \$900 |
| Lips, Liner (includes 1st touch-up)               | \$500 |
| Scars & Areola***                                 |       |
| Long Term Touch-up***                             |       |

\*\*\*Fees to be Determined Upon Examination by Provider

A 24 hour cancellation notice is required.



## *Product Lines*

The Institute proudly uses and recommends the following products for optimal care and results:

**Skin Medica \* Skin Ceuticals \* iS Clinical**  
**ZO Medical \* Stevens RX \* Neova \* PCA**  
**Alastin \* Amarte**

## *Advanced Skin Care Services*

When you perform the essentials of daily skin care at home, you will greatly extend the benefits of your professional spa treatments. Your regimen need not be complicated nor time-consuming. Our highly professional staff will recommend the products best suited to care for your individual needs and fit within your personal schedule. We will suggest modifying your home-care program whenever changes are indicated by analysis of your skin's condition.

## *Non-Surgical Body Contouring*

Not ready for surgery?

... yet want a firmer, toned, and younger looking face and body?

Then try one of our Non-Surgical Procedures

to gently lift and tighten your skin~

We offer an extensive array of Non-Surgical Body Slimming Treatments that treat stubborn fat and loose skin ...all without surgery!

### **CoolSculpting Freeze The Fat™**

Get thin - Be thin forever!

## *Gentlemen's Time Out*

"**Marina Manland**" is exclusive for men who want treatments with a dash of dapper! This dedicated "Gentlemen's Club" of sorts, comes complete with sports memorabilia, beautiful women and classic cars! Rich leather and dark woods embrace this oh-so-masculine environment, so you can ease into a sumptuous easy chair, and prepare to look and feel younger, more rested and confident. **MarinaManLand.com**

"Where a man can feel good about looking GREAT!"



## *Non-Surgical Rejuvenation*

**For Clients Seeking More Serious Results, We Invite You  
To Meet With One of Our Skilled Physician Extenders**

**We Offer A Full Range of Advanced Procedures**

**Neuromodulators:** Botox — Xeomin — Dysport

**Fillers:** Restylane — Restylane Silk & Lift — Juvederm Ultra Plus — Radiesse — Belotero — Voluma — Sculptra

**Resurfacing:** Fraxel — Pearl — Pearl Fractional — Clear & Brilliant — Halo — Contour — BBL — VIVA

**Treatment of:** Acne & Acne Scars — Rosacea — Hair & Nail Disorders — Unwanted Sweat

Laser Hair Removal ~ Skin Tightening ~ Skin Lifting ~ Wrinkle Reduction ~ Collagen Remodeling

Hand Rejuvenation ~ Photofacials ~ Latisse ~ Lip Augmentation ~ Earlobe Repair

Blue Peels ~ Skin Smoothing ~ Stretch Mark Therapy ~ Mole Evaluation & Removal

Laser Vein Therapy ~ Removal of Sun Spots & Age Spots ~ Facial Volumization

Laser Skin Resurfacing ~ Vaginal Rejuvenation

## *Cosmetic Surgery - Cellulite Reduction - Hair Replacement*

**Dr. Grant Stevens & Dr. Luis Macias**

**Offer A Full Range of Cosmetic & Reconstructive Plastic Surgery**

*Here you will find a rare combination of exceptional patient care from our highly trained staff,  
surgical expertise from our internationally recognized plastic surgeons,  
and cutting-edge plastic surgery procedures, treatments and therapies.*

*Our board-certified plastic surgeons are international leaders in cosmetic surgery techniques  
and look forward to meeting you in person.*