



Melcome

to OrangeTwist Institute. We are an Aesthetic Treatment Experience for women and men founded by world-renowned Medical Director Dr. Grant Stevens, M.D. F.A.C.S. We offer a selection of the most effective non-invasive treatments for the body, face and skin. Our expert treatment specialists use revolutionary techniques and attentive care to guide you in bringing out the best version of you.

### OUR STANDARDS OF EXCELLENCE

- We are experienced experts
- We are the constant curators
- · We are unlike any other doctor's office
- We are a luxe experience
- · We are on the cutting edge

ORDINARY IS OVER THE NEW BAR IS SET. THE OLD WAY IS CRUSHED. THIS IS WAY BEYOND BASIC BEAUTY. IT'S A LUXE SYSTEM UPGRADE TO THE BEST VERSION OF YOU. IT'S RIDICULOUSLY ATTENTIVE CARE. IT'S ABSURDLY PERSONALIZED ATTENTION. IT'S AMAZINGLY TRANSFORMATIVE RESULTS. IT'S THE NEW STANDARD. AND IT'S TOTALLY ATTAINABLE. IT'S UNEXPECTED. IT'S ORANGETWIST INSTITUTE.



WELCOME



Join the Club

The Marina Citrus Club is OrangeTwist Institute's exclusive membership program open to our loyal & valued clients. Filled with benefits and with an emphasis on skincare maintenance, Marina Citrus Club takes your aesthetic experience to the next level.

## EXCLUSIVE MEMBER PRICING ON SERVICES

- · Free Alpha Cleanser at sign up
- 6-Month Member Perk Free Hydra Facial (\$250 Value) or Latisse (\$200 Value)
- 12-Month Member Perk Marina Citrus Peel (\$450 Value) or 25 units of Botox
- 10% OFF all skin care products while a member

A 24 hour cancellation notice is required.

## Custom Signature Facial For Face Or Back

Our Custom Facial will exfoliate, deep cleanse, hydrate, soothe and protect. By using enzymes, AHA's and technologically advanced tools, we force the skin into generating new collagen at deeper levels. We use clinical strength products to help each client achieve the healthy, youthful skin they are looking for. We will make product recommendations based on the client's concerns, so results are quicker and longer lasting.

Individual Treatment	\$20
Marina Citrus Club Member	\$15

### HydraFacial MD<sup>™</sup>

The HydraFacial MD<sup>™</sup> resurfacing procedure thoroughly cares for your skin, providing cleansing, exfoliation, extraction and hydration; all while Vortex–Fusion adds antioxidants, peptides, and hyaluronic acid deep into the skin. HydraFacial MD<sup>™</sup> is a non-invasive procedure that delivers instant results with no discomfort nor downtime. Great for the face, neck, and/or body, this procedure is soothing, hydrating and immediately effective.

The best part – it's not just a quick-fix-it procedure. The HydraFacial MD<sup>™</sup> improves the quality of your skin, actually helping to make it healthy.

Individual Treatment	\$250
Marina Citrus Club Member	\$200
ADDITIONS	
CTGF Infusion (Add On)	\$75
Brightalive Infusion	\$75
Lip Perk	\$50
Eye Perk	\$50
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#### Dermaplaning

Technique of "manual exfoliation" to level the skin and remove the outer most layers of dead skin cells. It is one of the most effective facial exfoliating treatments available.

Individual Treatment	\$100
Marina Citrus Club Member	\$85

#### SilkPeel Diamond Microdermabrasion

A non-invasive skin rejuvenation procedure offering advanced exfoliation and the delivery of condition-specific topicals. Operating on a closed-loop vacuum system, the Silk Peel's diamond treatment head exfoliates the skin while simultaneously delivering a topical dermaceutical at a controlled intensity. The Silk Peel stimulates new cell growth and addresses your specific skin condition, giving your skin the revitalization you want.

Individual Treatment	\$250
Marina Citrus Club Member	\$200

#### Advanced Microdermabrasion

Experience a medical-grade Microdermabrasion treatment unlike any other. The Advanced Microderm System diminishes fine lines, combats hyperpigmentation and dramatically improves the texture. We use the Diamond-Tip in conjunction with all-natural sodium bicarbonate (baking soda) crystals, which will gently but effectively slough off dead skin to reveal a smooth and luminous complexion.

Individual Treatment	\$250
Marina Citrus Club Member	\$200

#### Sensi Peel by PCA

A great place to start if new to peeling! This peel is formulated as a unique peeling option for all skin types (including sensitive, redness prone skin and even Rosacea). This multi-faceted and skin brightening treatment uses a gentle 6% TCA solution blend, which improves surface texture and brightens the skin while helping to promote an even skin tone.

Individual Treatment	\$200
Marina Citrus Club Member	\$150

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## Micro Pen - MicroNeedling

A new innovation in aesthetic medicine for treatment of fine lines, acne scars and over all improvement of the skin's texture, tone and color. It also has a positive effect on hyperpigmentation, acne scars and stretch marks. During the procedure, tiny needles are used to stimulate collagen and elastin. MicroPen also creates channels which allow serums, creams and topical gels to be absorbed more effectively, which enhance their effects in the deeper layers of *the skin*.

Individual Treatment	\$350
Marina Citrus Club Member	\$300

#### MicroNeedling with PRP®

Microneedling (also known as collagen induction therapy) is a minimally invasive treatment to rejuvenate the skin. A device with fine needles creates tiny punctures in the top layer of the skin, which triggers the body to create new collagen and elastin. We combine PRP (platelet-rich-plasma which is a natural source of growth factors) together with the micropen technology, in order to create channels that allow the PRP to travel deeper. Results include improved skin texture and firmness, as well as a reduction in the appearance of scars, pore size, hyperpigmentation and stretch marks.

Individual Treatment Marina Citrus Club Member \$850 \$750

A 24 hour cancellation notice is required.

## Fire and Ice Polish

This luxurious clinical treatment system combines two professional masques. The Intensive Resurfacing Masque is a potent therapeutic masque designed to rapidly and safely exfoliate the skin, reducing fine lines and wrinkles. Followed by the Rejuvenating Masque, softening and intensely hydrating the skin, this incredible treatment revitalizes the skin and awakens the senses.

Individual Treatment	
Marina Citrus Club Member	

#### The Marina Experience Peel

This peel is devised for the reversal of the most typical signs of aging- fine lines and wrinkles, sun damage and age spots. The most suitable candidates for this more active TCA treatment, are those with resilient skin who suffer from dramatic wrinkling, sun damage or even acne scarring. The 20% TCA formulation will produce an overall skin improvement in tone and texture, coupled with plump luminous skin.

Individual Treatment	
Marina Citrus Club	

\$450 \$350

\$250 \$200

#### Melanage Peel

A deeper peel designed to improve the overall appearance and texture of discolored skin. Can be used on any skin type. Creates moderate peeling for seven to ten days. At home products are included to optimize client results.

Individual Treatment	\$925
Marina Citrus Club Member	\$825

#### Waxing

Waxing eliminates unwanted hair. We offer the finest waxes available from around the world for even the most sensitive skin.

> Eyebrows Full Face

\$30 \$60

#### Permanent Make Up / Microblading

Also known as Micropigmentation, this procedure carefully implants natural pigments into the dermal layer of the skin. This state of the art technique is medically proven and specifically designed to be completely safe. Used for a variety of cosmetic enhancements such as permanent eyebrows, eyeliner and lip liner/color. Also effective for camouflaging scars.

> \$800 \$500 \$500 \$800 \$900 \$500

Eyebrow Hairstreak Method (includes 1st touch-up)	
Upper Eyeliner (includes 1st touch-up)	
Lower Eyeliner (includes 1st touch-up)	
Eyeliner Upper & Lower (includes 1st touch-up)	
Lips, Full (includes 1st touch-up)	
Lips, Liner (includes 1st touch-up)	
Scalp***	
Scars & Areola***	
Long Term Touch-up***	

\*\*\*Fees to be Determined Upon Examination by Provider

PERMANENT MAKEUP



## **Product Lines**

The Institute proudly uses and recommends the following products for optimal care and results:

Alastin \* Stevens RX \* Skin Medica \* Skin Ceuticals iS Clinical \* ZO Medical \* PCA

## Advanced Skin Care Services

When you perform the essentials of daily skin care at home, you will greatly extend the benefits of your professional spa treatments. Your regimen need not be complicated nor time-consuming. Our highly professional staff will recommend the products best suited to care for your individual needs and fit within your personal schedule. We will suggest modifying your home-care program whenever changes are indicated by analysis of your skin's condition.

## Non-Surgical Body Contouring

Not ready for surgery?... yet want a firmer, toned, and younger looking face and body? Then try one of our Non-Surgical Procedures to gently lift and tighten your skin!

We offer an extensive array of Non-Surgical Body Slimming Treatments that treat stubborn fat and loose skin...all without surgery!

CoolSculpting Cool Advantage Freeze The Fat<sup>™</sup>

## Gentlemen's Time Out

"Marina Manland" is exclusive for men who want treatments with a dash of dapper! This dedicated "Gentlemen's Club" of sorts, comes complete with sports memorabilia and beautiful women! Rich leather and dark woods embrace this oh-so-masculine environment, so you can ease into a sumptuous easy chair, and prepare to look and feel younger, more rested and confident.

NON-SURGICAL BODY CONTOURING 1

#### MarinaManLand.com

"Where a man can feel good, about looking GREAT!"

Non-Surgical Rejuvenation

For Clients Seeking More Serious Results, We Invite You to Meet With One of Our Skilled Physician Extenders

We Offer A Full Range of Advanced Procedures

Neuromodulators: Botox – Xeomin – Dysport
Fillers: Sculptra – Radiesse, Belotero – Juvederm UltraPlus XC – Restylane – Restylane Silk
Restylane Lyft – Restylane Refyne – Restylane Defyne – Voluma – Volure XC – Volbella XC
Resurfacing: Fraxel – Clear & Brilliant – Halo – Contour – BBL – VIVA – Picoway
Treatment of: Acne & Acne Scars – Rosacea – Hair & Nail Disorders – Unwanted Sweat
Laser Hair Removal ~ Skin Tightening ~ Skin Lifting ~ Wrinkle Reduction ~ Collagen Remodeling
Hand Rejuvenation ~ Photofacials ~ BBL ~ Latisse ~ Lip Augmentation ~ Earlobe Repair
Chemical Peels ~ Skin Smoothing ~ Stretch Mark Therapy ~ Mole Evaluation & Removal
Laser Vein Therapy ~ Removal of Sun Spots & Age Spots ~ Facial Volumization
Laser Skin Resurfacing ~ Vaginal Rejuvenation ~ Laser Tattoo Removal

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# Cosmetic Surgery - Cellulite Reduction - Hair Replacement

Dr. Grant Stevens, Dr. Ziyad Hammoudeh and Dr. Luis Macias Offer A Full Range of Cosmetic & Reconstructive Plastic Surgery

Here you will find a rare combination of exceptional patient care from our highly trained staff, surgical expertise from our internationally recognized plastic surgeons, and cutting-edge plastic surgery procedures, treatments and therapies.

> Our plastic surgeons are international leaders in cosmetic surgery techniques and look forward to meeting you in person.

> > MEDICAL SERVICES